



DE ZWALUW

BASIC
PRINCIPLES

MAJOR MISRAN

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”

That you may find the courage
to live the life you see for yourself.

”

The more in harmony
you are with the flow
of your own existence,
the more magical life
becomes.

-Adyashanti

”

Good, better, best.
Never let it rest. Until
your good is better
and your better is
best.

- St. Jerome

”

Don't ask what the world needs. Ask what makes you come alive, and go do that. Because what the world needs is people who have come alive.”

- Howard Thurman

”

Discipline is choosing
between what you
want now and what
you want most.

- Abraham Lincoln

”

You had a purpose
before anyone had an
opinion.

- Timothy Pina

”

You are what you do,
not what you say
you'll do.

- Carl Jung

”

The greatest danger is not that our aim is too high and that we miss, but that it is too low and we hit.

- Michelangelo

”

You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.

- Buckminster Fuller

”

My lack of success is
self-imposed.

- Roman J. Israël,
Esquire

”

There is nothing so
useless as doing
efficiently that which
should not be done
at all.

- Peter Drucker

”

If you have a million dollar dream, don't let someone with a forty thousand dollar salary talk you out of it.

”

The best way to make
children good is to
make them happy.

- Oscar Wilde

”

The difference
between successful
people and really
successful people is
that really successful
people say *no* to
almost everything.

- Warren Buffet

”

It's a folly for a man to
pray to the gods for
that which he has the
power to obtain by
himself.

- Epicurus

”

Do it or do not do it.
You will regret both.

- Søren Kierkegaard

”

Many of us pursue
pleasure with such
breathless haste that
we hurry past by it.

- Søren Kierkegaard

”

If you're going
through hell, keep
going. Why stop in
hell?

- Steve Harvey

”

A nation is born stoic,
and dies epicurian.

- Will Durant

”

Tell me who your
heroes are and I'll tell
you who you'll turn
out to be.

- Warren Buffet

”

If it is humanly
possible, consider it
to be within your
reach.

- Marcus Aurelius

”

If you can't buy it
twice, you can't
afford it.

- Jay-Z

”

Is it going to change
peoples lives?

- Jeff Bezos

”

Be tolerant with
others and strict with
yourself.

- Marcus Aurelius

”

The world turns aside
to let any man pass
who knows where he
is going.

- Epictetus

”

You don't have to be
smarter than the rest.
You have to be more
disciplined than the
rest.

- Warren Buffet

”

There is a difference
between knowing the
path and walking the
path.

- Morpheus

”

It is one thing to stand on the comfortable ground of placid inaction and put forth words of cynical wisdom, and another to plunge into the work itself and through strenuous experience earn the right to express strong conclusions.

- John Rockefeller

”

You are chasing a
dollar, and you don't
honor your craft.

- Eric Thomas

”

Start by doing what is necessary, then do what is possible, and suddenly you are doing the impossible.

- Francis of Assisi

”

The successful warrior
is the average man
with laser focus.

- Bruce Lee

”

Don't doubt your
vibe, because it's
true.

- Elon Musk

”

People won't have
time for you if you are
always angry or
complaining.

- Stephen Hawking

”

The most courageous
act is still to think for
yourself. Aloud.

- Coco Chanel

”

I used to believe that prayer changes things, but now I know that prayer changes us and we change things.

- Mother Teresa

”

The only way to
become rich is to
make money, not to
save it.”

- Kate Chopin

”

I believe in the dignity
of labor, whether
with head or hand.

That the world owes
no man a living, but
that it owes every
man an opportunity
to make a living.

- John D. Rockefeller

”

First being, then doing, and then having. You are going the having, doing, being way, which leads to an endless pursuit of having, the basis of an unfulfilled life.

- Sadhguru

”

Life is like riding a
bicycles. To keep your
balance, you must
keep moving.

- Albert Einstein

”

Beauty is vanishing
from our world
because we live as
though it did not
matter.

- Sir Roger Scruton

”

The sooner you realize that life moves on without you, the sooner you will move on with life.

- Alex Sauer

”

Sometimes you have
to play a long time to
be able to play like
yourself.

- Miles Davis

”

Your love makes me
strong. Your hate
makes me
unstoppable.

- Cristiano Ronaldo

”

Life is rooted in
reality, not in your
thoughts and
emotions.

- Sadhguru

”

When I was 5 years old, my mother told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down *happy*. They told me I didn't understand the assignment. I told them they didn't understand life.

- John Lennon

”

Be who you are and
say what you feel.
Because those who
mind don't matter
and those who matter
don't mind.

- Bernard Baruch

”

Are you not entertained?
Is this not why you are
here?

- Maximus

”

The fight is won or
lost far from
witnesses behind the
lines, in the gym, and
out there on the road,
long before I dance
under those lights.

- Muhammed Ali

”

Yesterday I was
clever, so I wanted to
change the world.

Today I am wise, so I
am changing myself.

- Rumi

”

Sometimes what you
want doesn't deserve
you. And perhaps
when you thought
you weren't good
enough, the truth was
that you were
overqualified.

”

Life happens when
you are too busy
making plans.

”

What I require, I can
also provide.

Read that again.

”

If it's to be, it's up to
me.

- Brian Tracy

”

Sometimes I miss my
old friends, but then I
remember the
disrespect.

”

Successful people are
not successful
because they didn't
fail. Successful people
are successful
because they never
gave up.

If not you, who?

If not now, when?

Know Thyself

What has to be done
this week?

What has to be
accomplished this
month?

Who have you
served?

”

Life always finds a
way.

”

You act like mortals in
all that you fear, and
like immortals in all
that you desire.

- Seneca

”

When you do not know what to choose, show total involvement in everything. Then life will choose, and it is never wrong.

- Sadhguru

”

You are killing
yourself for a job that
would replace you
within a week if you
dropped dead.

- Jet Lee

”

When you are avoided
by someone, don't
disturb them again.

- Buddha

”

I can't tell you the key to success. But the key to failure is trying to please everyone.

- Ed Sheeran

”

Respect yourself
enough to walk away
from anything that no
longer serves you,
grows you or makes
you happy.

- Grant Cardone

”

Without customers
you don't have a
business, you have a
hobby.

- Don Peppers

”

A man is not a man until he's able and willing to accept his own vision of the world, no matter how radically his vision departs from that of others.

- James Baldwin

”

Doubt is only
removed by action. If
you're not working,
then that's when
doubt comes in.

- Conor McGregor

”

He who works all day,
has no time to make
money.

- John D. Rockefeller

”

Everyone has a plan
until they get
punched in the
mouth.

- Mike Tyson

”

There are no
shortcuts to any place
worth going.

- Beverly Sills

”

If you end up with a boring miserable life because you listened to you mom, your dad, your teacher, priest, or some other guy on TV telling you how to live your life, then you deserve it.

- Frank Zappa

”

The problem is not that you don't have what it take. The problem is you don't understand that sometimes it's going to take everything you got.

- Inky Johnson

”

Only when you do not know yourself, the opinion of other people become important.

- Sadhguru

”

If you want to have
what you truly want,
you first have to
become who you truly
are.

- Tim Grover

”

Get as far as you can see. When you get there, you'll be able to see farther.

- J.P. Morgan

”

When we are no longer able to change the situation, we are forced to change ourselves.

- Victor Frankl

”

I once cried because I had no shoes to play football with my friends. One day I saw a man who had no feet, and I realized how rich I was.

- Zinedine Zidane

”

I don't call someone else when shit gets real. I step up and handle that shit myself.

- John Gotti

”

When you don't
understand, you
depend on reality.

When you do
understand, reality
depends on you.

- Bodhidharma

”

If you love a flower,
don't pick it up.

Because if you pick it
up it dies and cease to
be what you love.

Love is not about
possession. Love is
about appreciation.

- Osho

”

If you are depressed,
you are living in the
past. If you are
anxious, you are living
in the future. When
you are at peace, you
are living in the
moment.

- Lao Tzu

”

One of the huge mistakes people make is that they try to force an interest on themselves. You don't choose your passions. Your passions choose you.

- Jeff Bezos

”

You don't have to
control your thoughts.
You just have to stop
letting your thoughts
control you.

- Dan Millman

”

Dreams are not what
you see in your sleep.

Dreams are things
which do not let you
sleep.

- Cristiano Ronaldo

”

How long can you put
off who you really
want to be.

- Epictetus

”

Mankind are so much the same, in all of time and places, that history informs us of nothing new or strange in this particular. It's chief use is only to discover the constant and universal principles of human nature.

- David Hume

”

Everything we hear is
an opinion, not a fact.
Everything we see is a
perspective, not a
truth.

”

The human mind is
not just for memory.
It is for perception.

”

No excuses, just
adjustments.

”

A man without vision
will always return to
his past.

”

This above all;
To thine own self
be true.

”

Don't strive to
become a man of
success, but rather
strive to become a
man of value.

- Albert Einstein

”

Now you know that
you don't have to be
perfect, you can do
good.

- John Steinbeck

”

Nothing changed. The only thing that changed is that I changed. You are your biggest driver of success. The day you take away all your excuses, even the ones that don't belong to you, is the day you're going to blow up. The way you're created, you don't need anything else. Everything you need you already have.

- Eric Thomas

”

Ever loved someone
so much that you'd do
anything for them?

Well, make that
someone yourself and
do whatever the hell
you need to do.

- Harvey Specter

”

The problem is you
think you have time.

- Buddha

”

Heaven and hell
suppose two distinct
species of men, the
good and the bad. But
the greatest part of
mankind float betwixt
vice and virtue.

- David Hume

”

Don't be afraid of
losing people. Be
afraid of losing
yourself trying to
please everyone
around you.

”

You feel tired, not
because you've done
too much, but
because you've done
too little of what
sparks the light within
you.

”

This is the real secret of life, to be completely engaged with it, with what you do. And instead of calling it work, realize it is play.

- Alan Watts

”

I do not fear the man
who practices 10.000
kicks one time. I fear
the man who
practices one kick
10.000 times.

- Bruce Lee

”

Success is not final,
failure is not fatal.
It's the courage to
continue that counts.

- Winston Churchill

”

Be alone. That is the
secret of invention.

Be alone. That is
when ideas are born.

- Nikola Tesla

”

He who says he can,
and he who says he
can't are both usually
right.

- Confusius

”

In great power lies
great responsibility.

- Stan Lee

”

The more we value
things, the less we
value ourselves.

- Bruce Lee

”

If you don't know
your own value,
somebody will tell you
your value, and it'll be
less than you're
worth.

- Bernard Hopkins

”

In our society you
work eight hours per
day for survival.

Everything over eight
hours is for success.

- Brian Tracy

”

No man is free who
cannot command
himself.

- Pythagoras

”

A man lives badly who
does not know how
to die well.

- Seneca

”

We can be
emotional without
being overcome by
emotion.

- Eric Thomas

”

One day, you will
wake up and there
won't be any more
time to do the thing
you've always
wanted. Dot it now.

-Paulo Coelho

”

While I thought that I
was learning how to
live, I have been
learning how to die.

- Leonardo Da Vinci

”

If you can't find
something to live for,
you best find
something to die for.

-Tupac Shakur

”

No matter how hard
the world pushes
against me, within me
there is something
stronger, something
better, pushing right
back.

- Albert Camus

”

My life's a runway,
and it's time to fly.

- Rick Ross

”

After all, to know others is to first know oneself. But to know oneself, we take reference through others. For as all points in the universe may only be understood relative to another. We are no different.

DE ZWALUW

L'ARC DE TRIOMPHE

STANDING AS ONE OF THE MOST FAMOUS MONUMENTS IN PARIS, FRANCE, L'ARC DE TRIOMPHE HONORS THOSE WHO FOUGHT AND DIED FOR FRANCE IN THE FRENCH REVOLUTIONARY AND WORLD WAR I.

BASIC PRINCIPLES

THERE ARE TIMES WHEN YOU ARE IN DIRE NEED AND IN SEARCH OF INSPIRATION AND MOTIVATION. DO REMEMBER, THEN, THAT THE PROBLEMS YOU FACE TODAY HAVE BEEN CONQUERED BEFORE AND WILL BE IN TIMES TO COME.

DRAWING FROM THE EXPERIENCE OF BOTH PAST AND LIVING LEGENDS, YOU'LL FIND **HIGH ENERGY MESSAGES** TO PULL YOU THROUGH THE DRAG OF EVERYDAY LIFE.

LIVING UP TO YOUR FULL POTENTIAL

NO MATTER YOUR STORY OR YOUR STRUGGLE, STOP THINKING AS YOURSELF AS A VICTIM AND INSTEAD CONTINUE LIVING YOUR LIFE AS A VICTOR.

IT DOES NOT MATTER WHERE YOU START OR WHERE YOU ARE, BECAUSE IT'S NOT WHERE YOU WILL END UP!